



Forgiven and Set Free: A Post-Abortion Bible Study for Women

By Linda Cochrane



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Gently guides hurting women through painful emotions and memories to lasting healing and forgiveness. For solo or group use.

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Editorial Review

From the Back Cover

Coming to terms with the pain, guilt, and grief of an abortion

Forgiven and Set Free, an inspired Bible study that can be used by individual women or by a group, effectively ministers God's healing grace to women who are suffering remorse and guilt after an abortion.

This study was developed out of Linda Cochrane's experience of being freed from the bondage of guilt and grief that followed her abortion. "As I read my Bible, Christ was faithful to touch my open wounds with the healing touch of his promises," she writes. "He promised to turn all my wailing into dancing and he has." *Forgiven and Set Free* guides suffering and hurting women to bring their emotional scars from abortion "out of the dark past and into his holy light," where true and lasting healing can take place. Appropriate Scriptures help women deal with issues such as

- relief and denial
- anger
- forgiveness
- depression
- letting go
- acceptance

About the Author

Linda Cochrane is the executive director of Hopeline Women's Center in Monroe, Connecticut, and is cofounder of PACE (Post-Abortion Counseling and Education). She is the author of *Forgiven and Set Free*, *Healing a Father's Heart*, and *The Path to Sexual Healing*. Cochrane resides in New York.

Users Review

From reader reviews:

Debra Richardson:

Have you spare time for any day? What do you do when you have far more or little spare time? Yep, you can choose the suitable activity to get spend your time. Any person spent their spare time to take a wander, shopping, or went to the Mall. How about open or perhaps read a book allowed Forgiven and Set Free: A Post-Abortion Bible Study for Women? Maybe it is to be best activity for you. You realize beside you can spend your time along with your favorite's book, you can wiser than before. Do you agree with the opinion or you have different opinion?

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