



Leave a Cheater, Gain a Life: The Chump Lady's Survival Guide

By Tracy Schorn



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Leave a Cheater, Gain a Life is a no-nonsense self-help guide for anyone who has ever been cheated on. Here's advice not based on saving your relationship after infidelity—but saving your sanity.

When it comes to cheating, a lot of the attention is focused on cheaters—their unmet needs or their challenges with monogamy. But Tracy Schorn (aka Chump Lady) lampoons such blameshifting and puts the focus squarely on the-cheated-upon (chumps) and their needs. Combining solid advice that champions self-respect, along with hilarious cartoons satirizing the pomposity of cheaters, *Leave a Cheater, Gain a Life* offers a fresh voice for chumps who want (and need) a new message about infidelity. This book will offer advice on Stupid sh*t cheaters say and how to respond, Rookie mistakes of the recently chumped and how to disarm your fears, Why chumps take the blame and how to protect yourself, and more.

Full of snark, sass, and real wisdom about how to bounce back after the gut blow of betrayal, Schorn is the friend who guides you through this nightmare and gives you hope for a better life ahead.

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Editorial Review

About the Author

Tracy Schorn is a journalist who runs the successful infidelity blog Chump Lady (ChumpLady.com), and whose snarky wisdom and cartoons have helped thousands of chumps leave cheaters. Tracy is a regular contributor to Huffington Post Divorce, was recognized by Babble as one of the “Top 10 Relationship Bloggers of 2013,” and is a relationship blogger for the BlogHer network. She lives in Lockhart, Texas with her husband, also a former chump.

Users Review

From reader reviews:

Carol Sage:

Spent a free time for you to be fun activity to accomplish! A lot of people spent their spare time with their family, or their friends. Usually they undertaking activity like watching television, planning to beach, or picnic inside the park. They actually doing same thing every week. Do you feel it? Would you like to something different to fill your current free time/ holiday? May be reading a book may be option to fill your no cost time/ holiday. The first thing you will ask may be what kinds of publication that you should read. If you want to consider look for book, may be the e-book untitled Leave a Cheater, Gain a Life: The Chump Lady's Survival Guide can be great book to read. May be it may be best activity to you.

Brian Paige:

The actual book Leave a Cheater, Gain a Life: The Chump Lady's Survival Guide has a lot of knowledge on it. So when you make sure to read this book you can get a lot of benefit. The book was authored by the very famous author. This articles author makes some research prior to write this book. That book very easy to read you will get the point easily after perusing this book.

Larry Turner:

Reading can called brain hangout, why? Because if you find yourself reading a book particularly book entitled Leave a Cheater, Gain a Life: The Chump Lady's Survival Guide your mind will drift away trough every dimension, wandering in each aspect that maybe unidentified for but surely can be your mind friends. Imaging each word written in a e-book then become one web form conclusion and explanation that maybe you never get previous to. The Leave a Cheater, Gain a Life: The Chump Lady's Survival Guide giving you an additional experience more than blown away your thoughts but also giving you useful facts for your better life in this particular era. So now let us teach you the relaxing pattern the following is your body and mind are going to be pleased when you are finished examining it, like winning an activity. Do you want to try this extraordinary spending spare time activity?

Bruce Mull:

Reading a book make you to get more knowledge from it. You can take knowledge and information from a book. Book is created or printed or illustrated from each source in which filled update of news. With this modern era like now, many ways to get information are available for you. From media social including newspaper, magazines, science guide, encyclopedia, reference book, new and comic. You can add your knowledge by that book. Are you hip to spend your spare time to open your book? Or just searching for the Leave a Cheater, Gain a Life: The Chump Lady's Survival Guide when you needed it?

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