


Practical Management of the Dizzy Patient

By Joel A. Goebel MD



Practical Management of the Dizzy Patient By Joel A. Goebel MD

Written for general otolaryngologists and primary care practitioners, this volume is a practical, concise, and systematic guide to the evaluation and management of patients with dizzy spells or balance problems. The book follows a symptom-based approach that is the key to an efficient and successful diagnostic workup. Chapters walk the reader through the reasoning processes involved in taking the history, performing the physical examination, selecting laboratory tests, determining the cause of the symptoms, and choosing appropriate therapy. The text is written in an easy-to-read style and key points are highlighted in the margin for quick recognition. Each chapter includes review questions for self-analysis of content.

 [Download Practical Management of the Dizzy Patient ...pdf](#)

 [Read Online Practical Management of the Dizzy Patient ...pdf](#)

Practical Management of the Dizzy Patient

By Joel A. Goebel MD

Practical Management of the Dizzy Patient By Joel A. Goebel MD

Written for general otolaryngologists and primary care practitioners, this volume is a practical, concise, and systematic guide to the evaluation and management of patients with dizzy spells or balance problems. The book follows a symptom-based approach that is the key to an efficient and successful diagnostic workup. Chapters walk the reader through the reasoning processes involved in taking the history, performing the physical examination, selecting laboratory tests, determining the cause of the symptoms, and choosing appropriate therapy. The text is written in an easy-to-read style and key points are highlighted in the margin for quick recognition. Each chapter includes review questions for self-analysis of content.

Practical Management of the Dizzy Patient By Joel A. Goebel MD Bibliography

- Sales Rank: #1946175 in Books
- Published on: 2001-01-15
- Original language: English
- Number of items: 1
- Dimensions: 10.50" h x 7.50" w x 1.00" l,
- Binding: Hardcover
- 406 pages

 [Download Practical Management of the Dizzy Patient ...pdf](#)

 [Read Online Practical Management of the Dizzy Patient ...pdf](#)

Download and Read Free Online Practical Management of the Dizzy Patient By Joel A. Goebel MD

Editorial Review

From The New England Journal of Medicine

The assessment and care of dizzy patients can be among the most challenging and frustrating tasks faced by busy clinicians. This difficulty is reflected in the fact that patients with vestibular disorders are often treated empirically in the absence of a satisfactory diagnosis. There are few good, comprehensive textbooks on the practical management of vestibular disorders. This book is intended as both a reference tool and a concise, problem-oriented guide for physicians who are interested in learning more about this important symptom. It covers all major aspects of the diagnosis, investigation, and management of dizziness.

A large panel of experts from various disciplines contributed to the book. There are chapters on clinical assessment, investigation, and treatment and a number of "symptom-based" chapters on the various presentations of vestibular and balance disorders. Although these chapters cover a wide array of topics, there is considerable repetition and overlap. This does, however, offer an advantage if only one or two chapters are read at any one time. As with any book written by multiple authors from different disciplines, there are often glaring differences among chapters in content and emphasis. For example, migraine is not mentioned in the chapter on fluctuating vestibular disease, but it is discussed as a recurrent vestibular disorder in a chapter on disorders of central and peripheral vestibular function.

A concise but clear commentary on practical anatomy and physiology opens the book. There is appropriate emphasis on the history as an important diagnostic aid, although I found the discussions of history taking a little short on detail. However, various details relating to the history are expanded in other chapters. Techniques of examination, including the assessment of nystagmus and other vestibular abnormalities, are well covered. There is a good discussion of the differences between positional and positioning nystagmus, although the terminology used to describe torsional nystagmus is confusing. Frequently, the authors use terms other than clockwise and counterclockwise, and directions are described in imprecise terms or terms based on the examiner's coordinates rather than the generally accepted standard of patient-centered coordinates.

The diagnosis and management of benign paroxysmal positional vertigo are given the extensive coverage that they deserve, although this is one topic that suffers from repetition, being discussed in no fewer than five chapters. The use of the Dix-Hallpike test with Frenzel lenses to correct visual fixation is mentioned. It should also be emphasized that most cases can be diagnosed with the naked eye at the bedside, without the need for specialized equipment. The authors mention the difficulty of performing canalith repositioning or the Epley maneuver for the treatment of benign paroxysmal positional vertigo in patients with neck and back disorders. It is a pity that there is no description of the Semont liberatory maneuver, given that this technique has equal efficacy and is often better tolerated in patients with spinal disorders.

There are excellent chapters on audiology, vestibular-function tests (including posturography), central neurologic disorders, and the disequilibrium of aging, in addition to well-balanced discussions of the important aspects of medical, surgical, and rehabilitation therapy. The section on neuroimaging offers some practical guidelines on appropriate imaging techniques for various diseases. The reference lists are concise and useful without being encyclopedic. The appendix contains some extremely valuable practical aids, including a questionnaire on dizziness and a brief summary of the bedside examination.

I found this book to be generally very informative, and I recommend it to primary care physicians, neurologists, and otolaryngologists who are interested in learning more about the diagnosis and management

of vestibular disorders. It would also be of great value to trainees in neurology and otolaryngology.

John Waterston, M.D.

Copyright © 2001 Massachusetts Medical Society. All rights reserved. The New England Journal of Medicine is a registered trademark of the MMS.

Users Review

From reader reviews:

Edward Florez:

Have you spare time to get a day? What do you do when you have a lot more or little spare time? Yep, you can choose the suitable activity intended for spend your time. Any person spent all their spare time to take a move, shopping, or went to the actual Mall. How about open as well as read a book titled Practical Management of the Dizzy Patient? Maybe it is for being best activity for you. You already know beside you can spend your time with the favorite's book, you can wiser than before. Do you agree with its opinion or you have different opinion?

Effie Morris:

The book Practical Management of the Dizzy Patient give you a sense of feeling enjoy for your spare time. You can utilize to make your capable far more increase. Book can to get your best friend when you getting anxiety or having big problem using your subject. If you can make examining a book Practical Management of the Dizzy Patient for being your habit, you can get a lot more advantages, like add your own personal capable, increase your knowledge about some or all subjects. It is possible to know everything if you like available and read a guide Practical Management of the Dizzy Patient. Kinds of book are a lot of. It means that, science guide or encyclopedia or others. So , how do you think about this reserve?

Jacqueline Lewis:

Nowadays reading books are more than want or need but also be a life style. This reading habit give you lot of advantages. The benefits you got of course the knowledge even the information inside the book this improve your knowledge and information. The info you get based on what kind of book you read, if you want drive more knowledge just go with schooling books but if you want experience happy read one along with theme for entertaining such as comic or novel. Typically the Practical Management of the Dizzy Patient is kind of reserve which is giving the reader unforeseen experience.

Ronna Rutledge:

In this era which is the greater man or who has ability to do something more are more valuable than other. Do you want to become certainly one of it? It is just simple method to have that. What you need to do is just spending your time very little but quite enough to possess a look at some books. One of the books in the top listing in your reading list is Practical Management of the Dizzy Patient. This book which is qualified as The Hungry Inclines can get you closer in turning into precious person. By looking way up and review this e-

book you can get many advantages.

Download and Read Online Practical Management of the Dizzy Patient By Joel A. Goebel MD #CTD6GVUQJ1L

Read Practical Management of the Dizzy Patient By Joel A. Goebel MD for online ebook

Practical Management of the Dizzy Patient By Joel A. Goebel MD Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Practical Management of the Dizzy Patient By Joel A. Goebel MD books to read online.

Online Practical Management of the Dizzy Patient By Joel A. Goebel MD ebook PDF download

Practical Management of the Dizzy Patient By Joel A. Goebel MD Doc

Practical Management of the Dizzy Patient By Joel A. Goebel MD Mobipocket

Practical Management of the Dizzy Patient By Joel A. Goebel MD EPub