



# Palliative Care Nursing, Fourth Edition: Quality Care to the End of Life

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### **Praise for the Third Edition:**

*In this comprehensive textbook on palliative care nursing, editors Marianne Matzo and Deborah Witt Sherman succeed in bringing together the heart of nursing and the true meaning of palliative care with the most current evidence based practice." --GerIPal*

This fourth edition of a comprehensive text/reference that has been valued by students, educators, and practicing nurses for many years, Palliative Care Nursing continues to reflect the fundamental hospice and palliative care nursing competencies---both basic and advanced--that are essential for effective and empathetic care of patients and families. This new edition reflects the tremendous growth of this vital discipline into the mainstream of health care and focuses on palliative care that is responsive to the demand for health care reform in America and globally. It provides the knowledge, scientific evidence, and skills needed by nurses to address the complex physical, emotional, social, sexual, and spiritual needs of patients and families within the context of a changing health care delivery system. With a focus on inter-professional collaboration, the book emphasizes the value of complementary, holistic models in promoting health and wholeness across the illness trajectory, even as death approaches.

The book is edited by Project on Death in America Faculty Scholars, who have worked to develop, implement, and evaluate nursing initiatives in palliative care in the U.S. and internationally. With a focus on both quality of life and economic imperatives, interdisciplinary authors describe the management of specific diseases and related physical and psychological symptoms, and care of patients during the dying process. They cover assessment of key symptoms and pharmacological, non-pharmacological, and complementary interventions. Taking a life-span approach, the book includes age-appropriate nursing considerations. Key points at the beginning of each chapter and callouts containing evidenced-based information highlight best practices. The text also examines relevant legal, ethical, and cultural considerations and offers case studies with conclusions in each clinical chapter.

### **New to the Fourth Edition:**

- Thoroughly revised and expanded
- Three new chapters addressing palliative care amidst health care reform, rehabilitation in chronic or serious illness, and post-traumatic stress disorder
- A conceptual framework table in each chapter identifying the National Quality Forum Domains of Palliative Care and Basic and Advanced Palliative Care and Hospice Nursing Competencies
- Updated evidence-based callouts that review the highest-quality studies

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### Editorial Review

#### About the Author

Marianne LaPorte Matzo, PhD, APRN, GNP-BC, FAAN, is Professor and the Frances E. and A. Earl Ziegler Chair in Palliative Care Nursing at The University of Oklahoma Health Sciences Center College of Nursing, Oklahoma City, OK. She also is Professor, College of Nursing, Tenshi College, Sapporo, Japan; Adjunct Professor, Department of Geriatric Medicine, University of Oklahoma College of Medicine; member of the Doctoral Faculty at The Union Institute and University, Cincinnati, OH; and a Soros Scholar for the Project on Death in America. Her research has included nurse's practises of assisted suicide and a quantitative study of health care providers' responses to the death of their patients. Dr. Matzo has presented educational programmes regionally, nationally and internationally on many topics related to care of the dying person, gerontological nursing and curriculum development. She has authored four books, including two published by Springer Publishing, 23 book chapters and 42 peer-reviewed articles. Her articles have appeared in *Nurse Practitioner*, *Nurse Educator*, *Geriatric Nursing*, *Nursing Homes*, *Geriatric Psychiatry*, *The Journal of Gerontological Nursing*, *Gerontology and Geriatrics Education*, *Applied Nursing Research*, *Heart and Lung*, *Nursing Education Perspectives* and the *Geriatric Clinics of North America*. Deborah Witt Sherman, PhD, APRN, ANP, PCM, BC, FAAN, is Professor, University of Maryland School of Nursing. In her previous position at NYU, she was the programme coordinator of the first nurse practitioner palliative care master's programme in the United States. Dr. Sherman's background in critical care nursing, hospice nursing and her certification as an adult nurse practitioner, as well as her research focus on populations with life-threatening and terminal illness, are foundational to her expertise and commitment to palliative care. Dr. Sherman currently coordinates and teaches in the Palliative Care Master's and Post-Master's Certificate Programs, teaches undergraduate health assessment and a nursing science and social science theory course in the graduate nursing programme. She serves as chairperson or dissertation committee member for several doctoral students. She serves on several editorial boards including the National Hospice Organization, Hospice & Palliative Care Nurses Association, The Association of Death Educators and Grief Counselors, Oncology Nursing Society, and the Association for Nurses in AIDS Care. Dr. Sherman serves on the advisory board and as faculty on the End of Life Nursing Education Consortium, as a member of an Interdisciplinary Steering Committee of a National Consensus and has led the initiative to develop the Scope and Standards for Advance Practice Palliative Care Nursing approved by the ANA.

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#### Gary Flint:

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