



## Up Thoughts For Down Times

By Les Brown



### Up Thoughts For Down Times By Les Brown

Through his motivational speeches, Les Brown has had a positive influence on the lives of countless people. He has delivered his highly charged messages to thousands of organizations, including many Fortune 500 companies.

Time and again, Les has been able to help people free themselves from their personal demons of mediocrity to rise to unimaginable heights.

Up Thoughts for Down Times collects many of the thoughts that have helped Les Brown's audiences over the years. The vignettes cover a range of emotions and circumstances. Because each chapter runs only a page or so, readers can gain enlightenment whenever they have a few minutes to spare. Indeed, the enlarged quotes interspersed throughout the book can provide instantaneous inspiration. However, Les Brown delivers his message in such a charming and compelling style that most readers probably will want to read the whole book from cover to cover once they get started.

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## Up Thoughts For Down Times By Les Brown Bibliography

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### Editorial Review

#### About the Author

Les Brown came up the hard way. He and his brother were adopted at the age of six weeks by a single woman and raised in the Liberty City section of Miami, Florida. In the fifth grade, Les was mistakenly declared "educably mentally retarded." In spite of these conditions, he became a disc jockey, a community activist, and later served three terms in the Ohio State Legislature, becoming chairman of its Human Resources Committee. He is an internationally acclaimed speaker and has had five PBS television specials.

### Users Review

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