



Walking Home: A Pilgrimage from Humbled to Healed

By Sonia Choquette



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Walking Home: A Pilgrimage from Humbled to Healed By Sonia Choquette

Life was falling apart. Within the space of three years, **Sonia Choquette** had suffered the unexpected death of two close family members, seen her marriage implode, and been let down by trusted colleagues. And sympathy was not forthcoming. “You’re a world-renowned spiritual teacher and intuitive guide,” people jeered. “How could you not have seen this coming?” Having intuitive abilities didn’t make her superhuman, however. Nor did it exempt her from being wounded or suffering the pain of loss and the consequences of our all-too-human traits such as anger, resentment, and pride—traits that can lead even the best of us to stray from our spiritual path.

In order to regain her spiritual footing, Sonia turned to the age-old practice of pilgrimage and set out to walk the legendary Camino de Santiago, an 820-kilometer trek over the Pyrenees and across northern Spain. Day after day she pushed through hunger, exhaustion, and pain to reach her destination. Eventually, mortification of the flesh gave way to spiritual renewal, and she rediscovered the gifts of humility and forgiveness that she needed to repair her world.

In this riveting book, Sonia shares the intimate details of her grueling experience, as well as the unexpected moments of grace, humor, beauty, and companionship that supported her through her darkest hours. While her journey is unique, the lessons she learned—about honoring your relationships with others as well as with your own higher self, and forgiving all else—are universal.



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By *Sonia Choquette*

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Editorial Review

Review

""Brilliant! Sonia Choquette takes us on a pilgrimage of the heart. She introduces us to places and people that offer timeless wisdom and sacred teachings for our own life journey." "

-- Robert Holden, Ph.D., author of "Happiness NOW! "and "Loveability " "

""Sonia's book ""Walking Home: A Pilgrimage from Humbled to Healed ""is grounded and inspiring, and her courage in making this arduous pilgrimage helps others live by their authentic voice and spirit.""

" "-- Chaz Ebert, publisher of Ebert Digital, president of Ebert Productions, and vice president of The Ebert Company

""Sonia Choquette has a pilgrim's ardor. Join her on the trail to an authentic self. Witness her passion and her humility. Prepare yourself to be inspired. Every footstep, every word, is a blessing." "

-- Julia Cameron, author of "The Artist's Way"

""Walking Home is an inspiring, empowering, and raw account of one woman's journey to freedom and forgiveness. Join Sonia Choquette on an unforgettable exploration of the heart and soul, and experience your own profound peace and healing.""--"Deepak Chopra, M.D., "New York Times"best-selling author of "Spiritual Solutions"

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About the Author

Sonia Choquette, a world-renowned intuitive guide and spiritual teacher, is the author of 19 international best-selling books, including the *New York Times* bestseller *The Answer Is Simple . . .* ; as well as numerous

audio programs and card decks. Sonia was educated at the University of Denver and the Sorbonne in Paris, and holds a Ph.D. in metaphysics from the American Institute of Holistic Theology.

Website: www.soniachoquette.com

Users Review

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Evelyn White:

The book Walking Home: A Pilgrimage from Humbled to Healed will bring someone to the new experience of reading a new book. The author style to elucidate the idea is very unique. If you try to find new book to read, this book very suitable to you. The book Walking Home: A Pilgrimage from Humbled to Healed is much recommended to you to read. You can also get the e-book through the official web site, so you can easier to read the book.

Bobby Miller:

Why? Because this Walking Home: A Pilgrimage from Humbled to Healed is an unordinary book that the inside of the guide waiting for you to snap it but latter it will distress you with the secret it inside. Reading this book adjacent to it was fantastic author who write the book in such incredible way makes the content on the inside easier to understand, entertaining way but still convey the meaning completely. So , it is good for you because of not hesitating having this ever again or you going to regret it. This book will give you a lot of gains than the other book possess such as help improving your skill and your critical thinking technique. So , still want to hold off having that book? If I were being you I will go to the reserve store hurriedly.

Priscilla McNeil:

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Edwin Ashford:

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