



Broken Heart on Hold: Surviving Separation

By Linda Rooks

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A woman who is separated needs a friend to walk beside her on her difficult journey.

Broken Heart on Hold is that friend, one that will uplift, encourage, and hold her up while offering practical insights and pointing her to God. It is a book of hope. Because it is written by a woman who has gone through the trauma of a separation and the eventual healing of her own marriage, the reader will know she is not alone.

This collection of honest, heartfelt messages reaches down into the valleys of a woman's loneliness, travels with her through her mental labyrinths, and sheds light in the dark tunnels where answers seem nonexistent. It provides the emotional and spiritual strength to help a woman sort through her confusion.

While winding her way through the maze of her emotions, she will realize there is hope as she hangs on to God and trusts him for the outcome. *Broken Heart on Hold* is a book she will return to again and again.

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Editorial Review

About the Author

In the '90s after more than twenty years of marriage, Linda W. Rooks and her husband Marv suffered through a painful three-year separation. But, unlike many couples, their story had a happy ending. They reunited in 1998 with a stronger marriage than before.

Because they have experienced the pain of a severe marital trauma but also found the hope of restoration, they are eager to share that hope with others. Having the correct formula is not enough. A person in marital crisis needs emotional and spiritual strength to get to the other side. In *Broken Heart on Hold, Surviving Separation*, Linda shares from her heart and her experience to help those in marital trauma find relief. She is there to walk beside the reader to shed light in the dark tunnel of marital breakdown.

As a freelance writer with a degree in Creative Writing from San Francisco State University, Linda has had more than 70 pieces of her writing published in national and local publications, including *Chicken Soup for the Soul*. She is listed in *Who's Who in America*, *Who's Who of American Women*, and *Who's Who in the World* and was featured in *Today's Christian Woman*.

Linda and Marv have two married daughters and five young grandchildren. Today some of their most treasured moments involve spending time with their grandchildren--together.

To read and/or subscribe to Linda's blog, go to lindarooks.com. For more resources to help your marriage, visit brokenheartonhold.com

Users Review

From reader reviews:

Lois Yale:

Have you spare time for a day? What do you do when you have a lot more or little spare time? Yeah, you can choose the suitable activity with regard to spend your time. Any person spent their own spare time to take a walk, shopping, or went to the actual Mall. How about open as well as read a book eligible *Broken Heart on Hold: Surviving Separation*? Maybe it is to get best activity for you. You know beside you can spend your time together with your favorite's book, you can better than before. Do you agree with the opinion or you have some other opinion?

Suzanne Macdougall:

A lot of people always spent their own free time to vacation or even go to the outside with them household or their friend. Are you aware? Many a lot of people spent these people free time just watching TV, or playing video games all day long. If you need to try to find a new activity here is look different you can read a new book. It is really fun for yourself. If you enjoy the book you read you can spent 24 hours a day to reading a e-book. The book *Broken Heart on Hold: Surviving Separation* it is very good to read. There are a lot of those who recommended this book. These were enjoying reading this book. In the event you did not have enough space to deliver this book you can buy the actual e-book. You can more simply to read this book

from the smart phone. The price is not to cover but this book has high quality.

Irma Kellner:

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Duane Sills:

That book can make you to feel relax. This specific book Broken Heart on Hold: Surviving Separation was colorful and of course has pictures on there. As we know that book Broken Heart on Hold: Surviving Separation has many kinds or category. Start from kids until young adults. For example Naruto or Private investigator Conan you can read and think that you are the character on there. So , not at all of book are usually make you bored, any it can make you feel happy, fun and rest. Try to choose the best book for you personally and try to like reading that will.

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