



Prozac Nation: Young and Depressed in America

By Elizabeth Wurtzel



Prozac Nation: Young and Depressed in America By Elizabeth Wurtzel

Elizabeth Wurtzel's *New York Times* best-selling memoir, with a new afterword

"Sparkling, luminescent prose . . . A powerful portrait of one girl's journey through the purgatory of depression and back." —*New York Times*

"A book that became a cultural touchstone." —*New Yorker*

Elizabeth Wurtzel writes with her finger on the faint pulse of an overdiagnosed generation whose ruling icons are Kurt Cobain, Xanax, and pierced tongues. Her famous memoir of her bouts with depression and skirmishes with drugs, *Prozac Nation* is a witty and sharp account of the psychopharmacology of an era for readers of *Girl, Interrupted* and Sylvia Plath's *The Bell Jar*.

 [Download Prozac Nation: Young and Depressed in America ...pdf](#)

 [Read Online Prozac Nation: Young and Depressed in America ...pdf](#)

Prozac Nation: Young and Depressed in America

By Elizabeth Wurtzel

Prozac Nation: Young and Depressed in America By Elizabeth Wurtzel

Elizabeth Wurtzel's *New York Times* best-selling memoir, with a new afterword

"Sparkling, luminescent prose . . . A powerful portrait of one girl's journey through the purgatory of depression and back." —*New York Times*

"A book that became a cultural touchstone." —*New Yorker*

Elizabeth Wurtzel writes with her finger on the faint pulse of an overdiagnosed generation whose ruling icons are Kurt Cobain, Xanax, and pierced tongues. Her famous memoir of her bouts with depression and skirmishes with drugs, *Prozac Nation* is a witty and sharp account of the psychopharmacology of an era for readers of *Girl, Interrupted* and Sylvia Plath's *The Bell Jar*.

Prozac Nation: Young and Depressed in America By Elizabeth Wurtzel Bibliography

- Sales Rank: #76571 in eBooks
- Published on: 2014-11-04
- Released on: 2014-11-04
- Format: Kindle eBook

 [Download Prozac Nation: Young and Depressed in America ...pdf](#)

 [Read Online Prozac Nation: Young and Depressed in America ...pdf](#)

Download and Read Free Online Prozac Nation: Young and Depressed in America By Elizabeth Wurtzel

Editorial Review

Amazon.com Review

Elizabeth Wurtzel writes with her finger in the faint pulse of a generation whose ruling icons are Kurt Cobain, Xanax, and pierced tongues. A memoir of her bouts with depression and skirmishes with drugs, **Prozac Nation** still manages to be a witty and sharp account of the psychopharmacology of an era.

From Publishers Weekly

Twenty-six-year-old Wurtzel, a former critic of popular music for New York and the New Yorker, recounts in this luridly intimate memoir the 10 years of chronic, debilitating depression that preceded her treatment with Prozac in 1990. After her parents' acrimonious divorce, Wurtzel was raised by her mother on Manhattan's Upper West Side. The onset of puberty, she recalls, also marked the onset of recurrent bouts of acute depression, sending her spiraling into episodes of catatonic despair, masochism and hysterical crying. Here she unsparingly details her therapists, hospitalizations, binges of sex and drug use and the paralyzing spells of depression which afflicted her in high school and as a Harvard undergraduate and culminated in a suicide attempt and ultimate diagnosis of atypical depression, a severe, episodic psychological disorder. The title is misleading, for Wurtzel skimps on sociological analysis and remains too self-involved to justify her contention that depression is endemic to her generation. By turns emotionally powerful and tiresomely solipsistic, her book straddles the line between an absorbing self-portrait and a coy bid for public attention. First serial to Vogue, Esquire and Mouth2Mouth.
Copyright 1994 Reed Business Information, Inc.

From Library Journal

From her first attempted suicide as a 12 year old, Wurtzel records her life as an intellectually gifted but emotionally deprived young woman struggling with clinical depression. She describes her adolescence and her acceptance to Harvard despite a checkered high school career. At the university, she lived constantly on the precipice of a nervous breakdown-and slipped down into the abyss from time to time. Always, she fought back-relying on therapy, drugs (both licit and illicit), friends, and an innate inner strength-and found some salvation in the recognition she received for her writing. Ultimately, treatment with a combination of lithium and prozac allowed her to maintain her stability, but she is unwilling to accept a fate of life-long drug dependence. Graphically written, this book expresses the pain and anger of Wurtzel's unremitting protest against her disability. It will appeal to young readers seeking stories of depression they can relate to.
Recommended.

Carol R. Glatt, VA Medical Ctr. Lib., Philadelphia

Copyright 1994 Reed Business Information, Inc.

Users Review

From reader reviews:

Chad Foster:

What do you in relation to book? It is not important together with you? Or just adding material when you want something to explain what you problem? How about your free time? Or are you busy man or woman? If you don't have spare time to accomplish others business, it is gives you the sense of being bored faster. And you have time? What did you do? All people has many questions above. They should answer that

question simply because just their can do in which. It said that about guide. Book is familiar on every person. Yes, it is suitable. Because start from on guardería until university need this kind of Prozac Nation: Young and Depressed in America to read.

Ruth Ford:

Do you considered one of people who can't read pleasant if the sentence chained in the straightway, hold on guys this particular aren't like that. This Prozac Nation: Young and Depressed in America book is readable by you who hate the perfect word style. You will find the details here are arrange for enjoyable looking at experience without leaving even decrease the knowledge that want to deliver to you. The writer involving Prozac Nation: Young and Depressed in America content conveys thinking easily to understand by lots of people. The printed and e-book are not different in the articles but it just different such as it. So , do you continue to thinking Prozac Nation: Young and Depressed in America is not loveable to be your top record reading book?

Karin Eubanks:

Many people spending their time by playing outside using friends, fun activity having family or just watching TV all day every day. You can have new activity to spend your whole day by studying a book. Ugh, think reading a book can actually hard because you have to take the book everywhere? It okay you can have the e-book, bringing everywhere you want in your Mobile phone. Like Prozac Nation: Young and Depressed in America which is obtaining the e-book version. So , why not try out this book? Let's find.

Vincent Olson:

As a college student exactly feel bored to help reading. If their teacher inquired them to go to the library or to make summary for some reserve, they are complained. Just little students that has reading's heart and soul or real their interest. They just do what the instructor want, like asked to the library. They go to presently there but nothing reading significantly. Any students feel that studying is not important, boring as well as can't see colorful images on there. Yeah, it is for being complicated. Book is very important to suit your needs. As we know that on this era, many ways to get whatever you want. Likewise word says, ways to reach Chinese's country. So , this Prozac Nation: Young and Depressed in America can make you feel more interested to read.

Download and Read Online Prozac Nation: Young and Depressed in America By Elizabeth Wurtzel #Y1ZCKO3Q2U6

Read Prozac Nation: Young and Depressed in America By Elizabeth Wurtzel for online ebook

Prozac Nation: Young and Depressed in America By Elizabeth Wurtzel Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Prozac Nation: Young and Depressed in America By Elizabeth Wurtzel books to read online.

Online Prozac Nation: Young and Depressed in America By Elizabeth Wurtzel ebook PDF download

Prozac Nation: Young and Depressed in America By Elizabeth Wurtzel Doc

Prozac Nation: Young and Depressed in America By Elizabeth Wurtzel Mobipocket

Prozac Nation: Young and Depressed in America By Elizabeth Wurtzel EPub