



1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting

By Thomas W. Phelan



1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting By Thomas W. Phelan

The simplest, most effective parenting program for raising happy, well-behaved children

- **2016 Mom's Choice Award Winner**
- **2016 National Parenting Product Award Winner**
- **2016 Family Choice Award Winner**

"1-2-3 Magic made parenting fun again."

"My three-year-old has become a different little girl, and she is so much happier now."

"All I have to say is that the ideas in this book really WORK! It really is like magic!"

"Our home has become a much more positive place."

The sixth edition of the 1.8 million-copy bestseller *1-2-3 Magic* by internationally acclaimed parenting expert Thomas W. Phelan, Ph.D. compiles two decades of research and experience into an easy-to-use program designed for parents striving to connect more deeply with their children and help them develop into healthy, capable teenagers and adults. Dr. Phelan breaks down the complex task of parenting into three straightforward steps:

1. Helping your children learn how to control their emotions and refrain from negative behavior, including tantrums, whining, and sibling rivalry
2. Encouraging good behavior in your children and providing positive feedback
3. Strengthening your relationships with your children to reinforce the natural parent-child bond

You'll find tools to use in virtually every situation, as well as real-life stories from parents who have successfully navigated common parenting challenges such as reluctance to do chores, talking back, and refusing to go to bed or getting up in the middle of the night. For years, millions of parents from all over the world have used the award-winning 1-2-3 Magic program to help their children develop emotional intelligence, raise healthier, happier families, and put the fun

back into parenting.

Along with other highly-respected parenting classics such as *How to Talk So Kids Will Listen & Listen So Kids Will Talk*, *Parenting with Love and Logic*, *The 5 Love Languages of Children*, *No Drama Discipline*, and *The Whole Brain Child*, *1-2-3 Magic* is an essential tool for parents hoping to connect more deeply with their children.

 [Download 1-2-3 Magic: 3-Step Discipline for Calm, Effective ...pdf](#)

 [Read Online 1-2-3 Magic: 3-Step Discipline for Calm, Effecti ...pdf](#)

1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting

By Thomas W. Phelan

1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting By Thomas W. Phelan

The simplest, most effective parenting program for raising happy, well-behaved children

- **2016 Mom's Choice Award Winner**
- **2016 National Parenting Product Award Winner**
- **2016 Family Choice Award Winner**

"*1-2-3 Magic* made parenting fun again."

"My three-year-old has become a different little girl, **and she is so much happier now.**"

"**All I have to say is that the ideas in this book really WORK!** It really is like magic!"

"Our home has become **a much more positive place.**"

The sixth edition of the 1.8 million-copy bestseller *1-2-3 Magic* by internationally acclaimed parenting expert Thomas W. Phelan, Ph.D. compiles two decades of research and experience into an easy-to-use program designed for parents striving to connect more deeply with their children and help them develop into healthy, capable teenagers and adults. Dr. Phelan breaks down the complex task of parenting into three straightforward steps:

1. Helping your children learn how to control their emotions and refrain from negative behavior, including tantrums, whining, and sibling rivalry
2. Encouraging good behavior in your children and providing positive feedback
3. Strengthening your relationships with your children to reinforce the natural parent-child bond

You'll find tools to use in virtually every situation, as well as real-life stories from parents who have successfully navigated common parenting challenges such as reluctance to do chores, talking back, and refusing to go to bed or getting up in the middle of the night. For years, millions of parents from all over the world have used the award-winning 1-2-3 Magic program to help their children develop emotional intelligence, raise healthier, happier families, and put the fun back into parenting.

Along with other highly-respected parenting classics such as *How to Talk So Kids Will Listen & Listen So Kids Will Talk*, *Parenting with Love and Logic*, *The 5 Love Languages of Children*, *No Drama Discipline*, and *The Whole Brain Child*, *1-2-3 Magic* is an essential tool for parents hoping to connect more deeply with their children.

1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting By Thomas W. Phelan

Bibliography

- Rank: #8123 in eBooks
- Published on: 2016-02-02
- Released on: 2016-02-02
- Format: Kindle eBook

 [Download 1-2-3 Magic: 3-Step Discipline for Calm, Effective ...pdf](#)

 [Read Online 1-2-3 Magic: 3-Step Discipline for Calm, Effecti ...pdf](#)

Download and Read Free Online 1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting By Thomas W. Phelan

Editorial Review

Review

“An excellent, workable, and supportive resource for parents and educators.” —*Booklist*

About the Author

Thomas W. Phelan, PhD, is a clinical psychologist and a nationally renowned expert on child discipline and attention deficit disorder. His books include *1-2-3 Magic for Teachers*, *All About Attention Deficit Disorder*, and *Surviving Your Adolescents*. He lives in Glen Ellyn, Illinois.

Excerpt. © Reprinted by permission. All rights reserved.

Welcome to 1-2-3 Magic

Parenting is one of the most important jobs in the world, and it can also be one of life's most enjoyable experiences. Small children are engaging, affectionate, entertaining, curious, full of life, and fun to be around. For many adults, parenting provides profound and unique benefits unequaled by any other area of life.

Yet being a mom or a dad can also be unbelievably frustrating. Repeat the Twinkie scene more than a thousand times and you have guaranteed misery. In extreme but all-too-common situations, that misery can become the source of emotional and physical abuse. That's no way for anyone-child or adult-to live.

Children don't come with a How-To-Raise-Me training manual. That's why there is a program like 1-2-3 Magic. The 1-2-3 program is currently being used all over the world by millions of parents (including single and divorced), teachers, grandparents, day care centers, babysitters, summer camp counselors, hospital staff, and other child caretakers, all of whom are working toward the goal of raising happy, healthy children.

The 1-2-3 program is also being taught and recommended by thousands of mental health professionals and pediatricians. At parent-teacher conferences, teachers recommend 1-2-3 Magic to the parents of their students (and sometimes parents recommend 1-2-3 Magic for Teachers to the teachers!).

Why all the enthusiasm? As one parent put it, "1-2-3 Magic was easy to learn and it gave me results. I went back to enjoying my kids and being the kind of mother I knew I could be." More than twenty-five years after the launch of the program, we're hearing from parents today who say, "My kids were great kids and now they're nice adults. We enjoy being with them."

1-2-3 Magic helps children grow up to be self-disciplined adults who are competent, happy, and able to get along with others. In other words, it helps produce emotionally intelligent people-people who can manage their own feelings as well as understand and respond to the emotions of others.

The methods described in this book are easy to master and you can start the program right away. Depending on whether you use the book, the audio CD, or the two DVDs, the technique takes about three to four hours to learn. Anyone can use 1-2-3 Magic-all it takes is determination and commitment!

How to Get Started

When you finish learning the 1-2-3 Magic program it is a good idea to start practicing it immediately. Talk with your spouse or partner, if both of you are living at home, and then get going right away. If you are a single parent, take a deep breath and then explain the drill to your children. Do the same thing if you're a grandparent. If you don't start right away, you may never get around to it.

After learning 1-2-3 Magic, you will know exactly what to do, what not to do, what to say, and what not to say in just about every one of the common, everyday problem situations you run into with your kids. Because 1-2-3 Magic is based on only a few basic but critical principles, you will not only be able to remember what to do, you will be able to do it when you are anxious, agitated, or otherwise upset (which for many of us parents is every day!). You will also be able to be a kind but effective parent when you are busy, in a hurry, or otherwise preoccupied.

What to Expect When You Begin the 1-2-3 Program

When you start 1-2-3 Magic, your relationship with your children will change quickly. But there is good news and bad news. The good news is that initially about half of all kids will fall into the "immediate cooperator" category. You start the program and they cooperate right away-sometimes "just like magic." What do you do? Just relax and enjoy your good fortune!

The bad news is that the other half of the kids will fall into the "immediate tester" category. These children will get worse first. They will challenge you to see if you really mean business with your new parenting ideas. If you stick to your guns, however-no arguing, yelling, or hitting-you will get the vast majority of these little testers shaped up fairly well in about a week to ten days. Then what do you do? You start enjoying your children again.

Believe it or not, you may soon have a much more peaceful home and more enjoyable kids. You will go back to liking and respecting yourself as a parent-and it can all happen in the foreseeable future!

Before we get into the details of the 1-2-3 program and Parenting Job 1, controlling obnoxious behavior, we should identify some very important concepts that are the fundamental to understanding how 1-2-3 Magic works:

- 1.The most effective orientation to-or philosophy of-parenting (chapter 1).
- 2.The three basic parenting jobs (chapter 2).
- 3.The dangerous assumption parents, teachers, and other caretakers often make about young children (chapter 3).
- 4.The two biggest discipline mistakes made by adults (chapter 4).

Users Review

From reader reviews:

Wanda Matthews:

Do you have favorite book? When you have, what is your favorite's book? Publication is very important thing for us to find out everything in the world. Each reserve has different aim or maybe goal; it means that e-book has different type. Some people feel enjoy to spend their the perfect time to read a book. They are really reading whatever they take because their hobby is actually reading a book. How about the person who

don't like reading a book? Sometime, particular person feel need book when they found difficult problem or exercise. Well, probably you'll have this 1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting.

Andrew Wilson:

What do you ponder on book? It is just for students because they're still students or that for all people in the world, the particular best subject for that? Only you can be answered for that query above. Every person has several personality and hobby for each and every other. Don't to be compelled someone or something that they don't wish do that. You must know how great along with important the book 1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting. All type of book are you able to see on many methods. You can look for the internet options or other social media.

Dawn Williams:

Playing with family inside a park, coming to see the ocean world or hanging out with friends is thing that usually you have done when you have spare time, then why you don't try thing that really opposite from that. Just one activity that make you not experience tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love 1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting, you are able to enjoy both. It is excellent combination right, you still want to miss it? What kind of hangout type is it? Oh come on its mind hangout guys. What? Still don't have it, oh come on its called reading friends.

Henry Evans:

This 1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting is great book for you because the content and that is full of information for you who all always deal with world and have to make decision every minute. That book reveal it data accurately using great arrange word or we can declare no rambling sentences inside. So if you are read the item hurriedly you can have whole data in it. Doesn't mean it only gives you straight forward sentences but challenging core information with attractive delivering sentences. Having 1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting in your hand like keeping the world in your arm, details in it is not ridiculous 1. We can say that no publication that offer you world within ten or fifteen second right but this guide already do that. So , this is certainly good reading book. Hey there Mr. and Mrs. occupied do you still doubt in which?

Download and Read Online 1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting By Thomas W. Phelan #ZLS60HEX5B1

Read 1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting By Thomas W. Phelan for online ebook

1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting By Thomas W. Phelan Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read 1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting By Thomas W. Phelan books to read online.

Online 1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting By Thomas W. Phelan ebook PDF download

1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting By Thomas W. Phelan Doc

1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting By Thomas W. Phelan Mobipocket

1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting By Thomas W. Phelan EPub