



Dream Awake: A Practical Guide to Authentic Living

By Jennifer B Partridge



Dream Awake: A Practical Guide to Authentic Living By Jennifer B Partridge

Humanity has spent centuries searching for truth, and in the midst of our genuine call for clarity we have become lost in the many stories and beliefs that create our world today. With all the systems of belief that have influenced our viewpoint, from religions, culture, media and societal upbringing, it is often hard to know what is real. Dream Awake is offered to you as a tool to discover your true identity, one that is not passed down by any system of thought, but rather understood through your own inward reflection and self-realization. As we clear the mind from the many programs, automatically we step in to the great awakening, one that will positively change your life forever.

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Editorial Review

About the Author

Jennifer Brooke Partridge is renowned as a journalist and facilitator in the human potentiality fields. She has spent time studying ancient texts that point to the process of healing and human potential. As a journalist she has traveled to remote monasteries and sacred sites across the globe, learning from various ancient cultures and traditions in India, Nepal, Korea, Colombia, Costa Rica, Thailand, Australia, Indonesia and across the U.S.A. She has immersed herself in many ancient modalities as an Ashtanga and kundalini yoga teacher as well as studying various methods of Shamanic Healing, Ayurveda, Reiki, Physical, Mental and Emotional Healing, Mantras, Earth Medicines, Chanting and so much more. Jennifer has combined her career as a journalist, TV host, radio host and spokesperson with her passion for these ancient wisdoms. She graduated from Perth, T.A.F.E College in Broadcast Presentation in 2001. Since this time she has appeared in and hosted an array of radio, television and film projects. In 2007, Jennifer moved from Australia to U.S.A. In this time she launched her media Production Company titled Our New Earth Productions. In O.N.E Productions Jennifer has scripted, hosted and produced over 100 radio shows, produced short format T.V. content, as well as online and film media to awaken the world: www.ournewearth.tv. In her career, Jennifer has had the opportunity of interviewing the industries best in motivation, spirituality and health from visionaries such as N.Y. Times best sellers Gregg Braden, don Miguel Ruiz, Will.I.Am from The Black Eyed Peas, Michael Beckwith, David Wolfe, Shiva Rea amongst many others. Jennifer commenced hosting her own radio show titled Our New Earth Radio on KLAS FM (Time Warner, Los Angeles 89.7) in 2009, which spanned over a two year period. In addition she has worked with local television networks hosting TV features such as Living Foods, on Oasis TV, Time Warner. Jennifer has been discussing expanded states of consciousness and healing in popular documentaries such as The Voice, and in her debut book release titled Dream Awake.

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