



Dying To Be Me: My Journey from Cancer, to Near Death, to True Healing

By Anita Moorjani

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In this truly inspirational memoir, Anita Moorjani relates how, after fighting cancer for almost four years, her body began shutting down—overwhelmed by the malignant cells spreading throughout her system. As her organs failed, she entered into an extraordinary near-death experience where she realized her inherent worth . . . and the actual cause of her disease. Upon regaining consciousness, Anita found that her condition had improved so rapidly that she was released from the hospital within weeks—without a trace of cancer in her body! Within these pages, Anita recounts stories of her childhood in Hong Kong, her challenge to establish her career and find true love, as well as how she eventually ended up in that hospital bed where she defied all medical knowledge. As part of a traditional Hindu family residing in a largely Chinese and British society, Anita had been pushed and pulled by cultural and religious customs since she was a little girl. After years of struggling to forge her own path while trying to meet everyone else’s expectations, she had the realization, as a result of her epiphany on the other side, that she had the power to heal herself . . . and that there are miracles in the Universe that she’d never even imagined. In *Dying to Be Me*, Anita freely shares all she has learned about illness, healing, fear, “being love,” and the true magnificence of each and every human being! This is a book that definitely makes the case that we are spiritual beings having a human experience . . . and that we are all One!

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Editorial Review

Review

"I have been deeply and profoundly touched by the contents of this book, and even more so by my personal relationship with Anita Moorjani, who came into my life through a series of Divinely orchestrated coincidences." ~ Dr. Wayne W. Dyer

Describing her ensuing near-death experience as a realm of clarity and expansiveness, "a state of being," Moorjani made the choice to return, and her rapid and remarkable recovery defies all medical understanding. Her psychospiritual healing, which continues to this day, was self-realization: of her own magnificence, of oneness with universal energy and with a universe comprising. This candid memoir is a cathartic testimony to the magnificence and healing capacity of every human being. (Mar. 1)- Publishers Weekly

"This book is very thought provoking. Can we take the learnings, and make the changes, from someone else's Near Death Experience? Can I create for myself the same level of faith and knowing just by reading this book? Honestly, I don't think I can. But what I can do is open my mind that little bit more, take this book as another brick in building that wall of strength, and take her learnings with me on my own journey. I recommend that you do that same." - Rachel Bell

"I had the pleasure of reading Anita's book after hearing her speak in Sydney, Australia at the end of January. Her NDE experience is profound. The wisdom she shares is life changing." -Cheryl Richardson

"This book reminded me how important it is to **live life from a place of passion rather than from a place of fear**. No matter what challenge life gives us, it's really important to look for the gift in it. This book is truly amazing." - Vibrant Living with Celine

From the Author

Afterword

Before I close, I'd like to leave you with a few final words. Always remember not to surrender your power--instead, get in touch with your own magnificence. When it comes to finding the right path, there's a different answer for each person. The only universal solution I have is to love yourself unconditionally and be yourself fearlessly! This is the most important lesson I learned from my NDE, and I honestly feel that if I'd always known this, I never would have gotten cancer in the first place.

When we're true to ourselves, we become instruments of truth for the planet. Because we're all connected, we touch the lives of everyone around us, who then affect others. Our only obligation is to be the love we are and allow our answers to come from within in the way that's most appropriate for us.

Finally, I can't stress enough how important it is to enjoy yourself and not take yourself or life too seriously. One of the biggest flaws with many traditional spiritual systems is that they give you such a somber outlook. Although you know that I abhor creating doctrines, if I ever had to create a set of tenets for a spiritual path to healing, number one on my list would be to make sure to laugh as often as possible throughout every single day--and preferably laugh at myself. This would be hands down over and above any form of prayer, meditation, chanting, or diet reform. Day-to-day problems never seem as big when viewed through a veil of humor and love.

In this age of information technology, we're bombarded with news seemingly at the speed of light. We're living in an age of high stress and fear, and in the midst of trying to protect ourselves from everything we think is "out there," we've forgotten to enjoy ourselves and to take care of what's inside.

Our life is our prayer. It's our gift to this universe, and the memories we leave behind when we someday exit this world will be our legacy to our loved ones. We owe it to ourselves and to everyone around us to be happy and to spread that joy around.

If we can go through life armed with humor and the realization that we are love, we'll already be ahead of the game. Add a box of good chocolates into the mix, and we've really got a winning formula!

I wish you joy as you realize your magnificence and express yourself fearlessly in the world.
Namaste!

From the Inside Flap

Anita Moorjani was born in Singapore of Indian parents, moved to Hong Kong at the age of two, and has lived in Hong Kong most of her life. Because of her background and British education, she is multilingual and grew up speaking English, Cantonese, and an Indian dialect simultaneously; she later learned French at school. Anita had been working in the corporate world for many years before being diagnosed with cancer in April 2002. Her fascinating and moving near-death experience in early 2006 tremendously changed her perspective on life, and her work is now ingrained with the depths and insights she gained while in the other realm. As a result of her near-death experience, Anita is often invited to speak at conferences and events around the globe to share her insights. She's also a frequent guest at the University of Hong Kong's department of behavioral sciences, speaking on topics such as dealing with terminal illness, facing death, and the psychology of spiritual beliefs. She is the embodiment of the truth that we all have the inner power and wisdom to overcome even life's most adverse situations, as she's the living proof of this possibility. Anita currently lives in Hong Kong with her husband, and when she's not traveling and speaking at conferences, she works as an intercultural consultant for multinational corporations based in the city. Website: anitamoorejani.com

Users Review

From reader reviews:

Sharon Lopez:

Have you spare time for a day? What do you do when you have more or little spare time? Yep, you can choose the suitable activity to get spend your time. Any person spent their spare time to take a move, shopping, or went to the actual Mall. How about open or perhaps read a book entitled Dying To Be Me: My Journey from Cancer, to Near Death, to True Healing? Maybe it is to become best activity for you. You recognize beside you can spend your time along with your favorite's book, you can smarter than before. Do you agree with the opinion or you have some other opinion?

April Hannah:

What do you ponder on book? It is just for students because they are still students or this for all people in the world, the particular best subject for that? Simply you can be answered for that question above. Every person has different personality and hobby per other. Don't to be compelled someone or something that they don't would like do that. You must know how great and also important the book Dying To Be Me: My Journey

from Cancer, to Near Death, to True Healing. All type of book are you able to see on many sources. You can look for the internet options or other social media.

Amado Elam:

A lot of people always spent their own free time to vacation or maybe go to the outside with them household or their friend. Are you aware? Many a lot of people spent that they free time just watching TV, or playing video games all day long. If you need to try to find a new activity honestly, that is look different you can read a book. It is really fun in your case. If you enjoy the book you read you can spent all day long to reading a reserve. The book Dying To Be Me: My Journey from Cancer, to Near Death, to True Healing it is rather good to read. There are a lot of people that recommended this book. They were enjoying reading this book. In the event you did not have enough space to bring this book you can buy the particular e-book. You can m0ore very easily to read this book out of your smart phone. The price is not to cover but this book has high quality.

Adam Hay:

As we know that book is very important thing to add our knowledge for everything. By a book we can know everything we want. A book is a list of written, printed, illustrated or blank sheet. Every year seemed to be exactly added. This reserve Dying To Be Me: My Journey from Cancer, to Near Death, to True Healing was filled concerning science. Spend your extra time to add your knowledge about your technology competence. Some people has several feel when they reading any book. If you know how big benefit from a book, you can really feel enjoy to read a book. In the modern era like at this point, many ways to get book you wanted.

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