



## A arte da escolha (Portuguese Edition)

By Sheena Iyengar



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Em "A arte da escolha", a professora da Universidade de Columbia, Sheena Iyengar, optou pela tarefa hercúlea de nos ajudar a fazer melhores opções. Ela faz perguntas fascinantes: será que o desejo de escolher é inato ou criado pela cultura? Por que às vezes escolhemos contra os nossos interesses? Quanto controle realmente temos sobre o que escolhemos? Em última análise, ela oferece respostas inesperadas e profundas, provenientes de sua premiada e abrangente pesquisa, que inclui diversas disciplinas.

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