



## DSM-5 in Action

By Sophia F. Dziegielewski



**DSM-5 in Action** By Sophia F. Dziegielewski

### Full exploitation of the DSM-5 allows for more comprehensive care

By demystifying the DSM-5, author Sophia Dziegielewski goes beyond the traditional diagnostic assessment and suggests both treatment plans and practice strategy. She covers the changes in criteria to the DSM-5 and what those changes mean for mental health professionals. This resource has been updated to include:

- New and updated treatment plans
- All treatment plans, interventions strategies, applications, and practice implications are evidence based
- Instructions on doing diagnostic assessments and differential diagnosis using the DSM-5
- Changes to coding and billing using the DSM-5 and ICD-10

The book includes robust tools for students, instructors, and new graduates seeking licensure. *DSM-5 in Action* makes the DSM-5 accessible to all practitioners, allowing for more accurate, comprehensive care.

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## DSM-5 in Action By Sophia F. Dziegielewski Bibliography

- Sales Rank: #37965 in Books
- Published on: 2014-10-20
- Original language: English
- Number of items: 1
- Dimensions: 9.20" h x 1.10" w x 7.50" l, .0 pounds
- Binding: Paperback
- 624 pages

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### Editorial Review

#### Review

"This book is a thoroughly researched and organized approach to understanding the DSM-5 and how to use its diagnostic criteria to create a treatment plan/practice strategy. It is easy to read and understand, and the case examples and treatment plans are well done." (Doody 2016)

#### From the Back Cover

### **THOROUGHLY UPDATED AND REVISED—THE BESTSELLING RESOURCE FOR THE PRACTICAL APPLICATION OF THE DSM-5™**

Thoroughly updated to align with the *DSM-5*, this revised edition of the bestselling guide provides clear instructions on making more effective assessments, diagnoses, and treatment plans.

In addition to reviewing the basics, *DSM-5 in Action* also extends its focus to the creation of individualized treatment plans that use the best therapeutic services available. With coverage of psychotic disorders, depressive disorders, obsessive-compulsive disorder, sexual dysfunctions, trauma- and stress-related disorders, and more, it offers comprehensive diagnostic information on the most commonly seen psychiatric mental health conditions.

The book presents a comprehensive diagnostic assessment and treatment plan for at least one disorder in each category and includes a case study that outlines how the treatment plan reflects the related practice strategy.

Complete with Quick Reference boxes, case examples, and numerous sample treatment plans, *DSM-5 in Action* is essential reading for students and seasoned mental health professionals alike.

#### About the Author

**SOPHIA F. DZIEGIELEWSKI, PHD, LCSW** is Professor and Associate Director for Research in the School of Social Work at the University of Central Florida where she also serves as Chair of the University Institutional Review Board. She is also the Editor of the *Journal of Social Service Research*. She is the recipient of numerous awards and supports her research and practice activity with over 120 publications, including seven textbooks, seventy-nine articles, numerous book chapters, and over 400 workshops and community presentations. Her research focuses on the areas of health and mental health. As a licensed social worker, she also remains active in clinical practice.

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