



Food Presentation Secrets: Styling Techniques of Professionals

By Cara Hobday, Jo Denbury



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A practical guide to adding that professional flourish to any dish.

Food Presentation Secrets provides professional cooking school instruction, tips and recipes for more than 100 sweet and savory garnishing ideas. Using this comprehensive guide, any home chef can make professional-looking garnishes with delicious edible ingredients.

Five comprehensive sections reveal the techniques, tools, ingredients and designs used by chefs in fine restaurants. Step-by-step illustrations show how to assemble the garnishes, and each is graded in difficulty from one to five. Handy checklists, tip boxes and identifier directories explain the best ways to use the different garnishes.

The features include:

Core garnishing techniques using sauces, gravies, oils, salsas, pestos, foliage, flowers, fruit, vegetables, flour-based garnishes, dairy, sugars, pastries, ices, chocolate and textures

Food Presentation Secrets rivals a professional culinary course and will give all cooks the confidence to create attractive designs for any type of menu.

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Editorial Review

The book lays out plating and cooking methods in methodical detail and accessible language, from radish roses to noodle nests. (Niesha Lofing *Sacramento Bee* 2010-03-24)

Recommended for large or specialized culinary collections, this appealing cookbook could be used as a text in culinary schools as well as in the kitchen of the adventurous home cook. (Christine Bulson *Library Journal* 2010-09-24)

In recent years chefs have boldly created new techniques and styles for giving food a visual flair that goes far beyond the ordinary. Authors Hobday and Denbury have combined their writing and food stylist talents to create this extraordinary guide to food presentation.... If you are ready to take your cooking to an entirely new level Hobday and Denbury will be your guides. (Terry Peters *North Shore News* 2010-08-25)

If you're looking to master fancy food presentation, these step-by-step guides can help you get the process down pat. (Ashley Gartland *Oregonian* 2010-06-22)

As any chef will tell you, if you want to bore your dinner guests silly then serve them a plate of monochromatic slop devoid of visual acuity. A formless, flaccid tuna casserole comes quickly to mind. What this clever book does (one hopes) is inspire you to elevate ordinary dishes into works of art with simple tips, instructions and recipes for more than 100 sweet, savoury and colourful garnishes. (You could tart up that casserole with some quickly sculpted vegetables, for example.) Five sections show techniques, tools, ingredients and designs used by chefs in hoitytoity restaurants that you can apply at home, with step-by-step photos showing exactly how to do it. With a few basic skills, you too can serve food with flair and impress everyone. (Byron Eade *Ottawa Citizen* 2010-11-25) About the Author

Cara Hobday has been a professional food journalist and stylist for 14 years and is the author of a number of cookbooks. **Jo Denbury** is a freelance journalist, stylist and writer based in London, England.

Review From reader reviews:

Nathan Wilson: Food Presentation Secrets: Styling Techniques of Professionals can be one of your basic books that are good idea. Most of us recommend that straight away because this book has good vocabulary that can increase your knowledge in terminology, easy to understand, bit entertaining but nonetheless delivering the information. The writer giving his/her effort to set every word into delight arrangement in writing Food Presentation Secrets: Styling Techniques of Professionals nevertheless doesn't forget the main stage, giving the reader the hottest along with based confirm resource data that maybe you can be certainly one of it. This great information can drawn you into fresh stage of crucial pondering.

Elsie Fiala: Are you kind of stressful person, only have 10 as well as 15 minute in your time to upgrading your mind talent or thinking skill also analytical thinking? Then you have problem with the book in comparison with can satisfy your short period of time to read it because this all time you only find book that need more time to be go through. Food Presentation Secrets: Styling Techniques of Professionals can be your answer given it can be read by you actually who have those short free time problems.

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