



The Present Moment: 365 Daily Affirmations

By Louise Hay



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This little book is filled with positive affirmations that will show you that your point of power is always in the present moment, and this is where you plant the mental seeds for creating new experiences.

Think about how you'd like to live and what you'd like to accomplish. Each day **Louise L. Hay** will help guide your thinking in positive ways to accomplish these goals. As you read this work, you'll find that you develop new mental habits that you can use for the rest of your life!

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Editorial Review

About the Author

Louise L. Hay, the author of the international bestseller *You Can Heal Your Life*, is a metaphysical lecturer and teacher with more than 40 million books sold worldwide. For more than 25 years, Louise has helped people throughout the world discover and implement the full potential of their own creative powers for personal growth and self-healing. Louise is the founder and chairman of Hay House, Inc., which disseminates books, CDs, DVDs, and other products that contribute to the healing of the planet.

Users Review

From reader reviews:

Edward Knudsen:

In this 21st hundred years, people become competitive in every way. By being competitive today, people have do something to make all of them survives, being in the middle of often the crowded place and notice by means of surrounding. One thing that oftentimes many people have underestimated that for a while is reading. That's why, by reading a guide your ability to survive increase then having chance to stay than other is high. In your case who want to start reading the book, we give you this kind of The Present Moment: 365 Daily Affirmations book as nice and daily reading e-book. Why, because this book is greater than just a book.

Lucille Roller:

Spent a free the perfect time to be fun activity to perform! A lot of people spent their spare time with their family, or their particular friends. Usually they accomplishing activity like watching television, about to beach, or picnic from the park. They actually doing same thing every week. Do you feel it? Will you something different to fill your own free time/ holiday? Might be reading a book is usually option to fill your free of charge time/ holiday. The first thing that you ask may be what kinds of reserve that you should read. If you want to try look for book, may be the publication untitled The Present Moment: 365 Daily Affirmations can be great book to read. May be it may be best activity to you.

Mae Bushee:

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Donald Goodman:

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