



The Rainbow Machine: Tales from a Neurolinguist's Journal

By Andrew T. Austin



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The Rainbow Machine: tales from a neurolinguist's journal, by Andrew T. Austin, offers fascinating glimpses into the personal change work of a top NLP practitioner and registered nurse, in settings from mental hospitals, emergency rooms, and neurosurgery departments, to individual hypnosis and psychotherapy. Rollicking, creative, lively, funny, outrageous, touching, profound. A must read romp for anyone interested in therapy or personal change.

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Editorial Review

Review

Andy Austins Rainbow Machine will have you laughing, gasping in horror and awe, and wishing like hell that you lived close enough to him to get an appointment. He is the British Milton Erickson. --Bill O Hanlon, author of Change 101 and many other books about brief therapy.

A fascinating book of amusing and sometimes outrageous vignettes, using NLP language patterns, submodalities, and what one might call NLP provocative therapy. A delightful collection of stories, thought pieces, and teaching that cast light into what NLP has to offer the field of psychotherapy and psychiatry. If you have an interest in the field, it will give you insights; if you have no interest, then read it just to enjoy the inevitable laughter. --Julian Russell, Senior Executive Coach and co-author of Alpha Leadership: tools for business leaders who want more from life.

The Rainbow Machine is a portal into the mind and methods of an outstanding practitioner of NLP. These journal entries transcend case studies and become teaching tales that convey Andrew Austin's fearless and imaginative attitude toward healing and change. Each tale is at once illustrative example, mind-expanding metaphor, and damn fine storytelling. Highly recommended for NLP Practitioners and anyone else involved in healing arts. Philip H. Farber, author and NLP Trainer --Philip H. Farber, author and NLP Trainer

About the Author

Formerly a registered nurse working in clinical neurology and neurosurgery, Andrew T. Austin began his nursing career in Accident and Emergency, where he quickly developed a strong reputation for working with the many psychiatric and mental health-related emergencies that were frequently presented to the department. It was during this period in 1994 that he began training in hypnosis and therapy, and his interest in psychotherapy and neurolinguistics grew. Andrew organises The West Sussex Hypnosis and NLP Study Group where he currently is focusing on neurology and the treatment of clinical conditions. Via his frequent writings, workshops, and lectures Andrew T. Austin is rapidly becoming known as the leading NLP-oriented therapist emphasising the neurological aspects of personal change and therapy. His seminars and workshops are sought out by NLP practitioners, trainers, and psychotherapists seeking to deepen their knowledge and skills base of the neurological underpinnings of their work. He lives in the south of England. Contact: nlp@hotmail.co.uk

Users Review

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