



## Choosing Gratitude: Your Journey to Joy

By Nancy Leigh DeMoss



### Choosing Gratitude: Your Journey to Joy By Nancy Leigh DeMoss

**Gratitude is a choice.** If we fail to choose it, by default we choose ingratitude. And once allowed into the heart, ingratitude does not come by itself, but with other seedy companions that only succeed in stealing joy.

Derived from a popular Revive Our Hearts radio series, *Choosing Gratitude: Your Journey to Joy* challenges and equips the reader to live a life of intention, a life based on thankfulness for the freedom Christ has provided and for the blessings of others.

By intentionally thanking God and others, bitterness and entitlement are replaced with joy and the humble realization of just how undeserving we really are.

To not choose gratitude is more costly than we usually realize. When we do choose a lifestyle of heartfelt, humble gratitude, we are mindful of the benefits received from our gracious Savior and those He has placed around us, and our joy becomes full.

*Includes a bonus 30-day plan of journaling, prayer, and activities to help the reader on her path to joy*

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## Choosing Gratitude: Your Journey to Joy By Nancy Leigh DeMoss Bibliography

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### Editorial Review

#### Review

*How easy it is to feel and be grateful when circumstances are good. But the real test of genuine faith is our heart's response when life is difficult. Today we are facing uncertainty individually and as a nation, and the question before us is whether we will trust, with thankful hearts, the sovereign God who rules over all or succumb to fear and self-pity. Nancy's book on gratitude is a guide worth following in stressful times, for she shows us that giving thanks in all things is the key to a peaceful, joy-filled heart in every circumstance of life.*  
-Barbara Rainey, cofounder of FamilyLife

*Given what Christ has done for us, our lives should overflow with gratitude. Sadly, too often they don't. Choosing Gratitude speaks powerfully to one of our most important issues as individuals, families, and churches. Nancy Leigh DeMoss is biblical, honest, challenging, and practical. I enthusiastically recommend this book.*

-Randy Alcorn, bestselling author of If God is Good

#### About the Author

**NANCY DEMOSS WOLGEMUTH** has touched the lives of millions of women through *Revive Our Hearts* and the True Woman movement, calling them to heart revival and biblical womanhood. Her love for Christ and His Word is infectious, and permeates her online outreaches, conference messages, books, and two daily syndicated radio programs, *Revive Our Hearts* and *Seeking Him*. Her books have sold more than three million copies and are reaching the hearts of women around the world. Nancy and her husband, Robert, live in Michigan.

### Users Review

#### From reader reviews:

#### Margaret Williams:

Reading can called head hangout, why? Because if you are reading a book specially book entitled Choosing Gratitude: Your Journey to Joy your thoughts will drift away trough every dimension, wandering in each and every aspect that maybe unknown for but surely might be your mind friends. Imaging every single word written in a publication then become one application form conclusion and explanation in which maybe you never get before. The Choosing Gratitude: Your Journey to Joy giving you one more experience more than blown away your head but also giving you useful facts for your better life on this era. So now let us teach you the relaxing pattern is your body and mind will probably be pleased when you are finished studying it, like winning an activity. Do you want to try this extraordinary investing spare time activity?

#### Claire Underwood:

Is it anyone who having spare time then spend it whole day by simply watching television programs or just

lying on the bed? Do you need something totally new? This Choosing Gratitude: Your Journey to Joy can be the response, oh how comes? A book you know. You are so out of date, spending your free time by reading in this brand-new era is common not a geek activity. So what these ebooks have than the others?

**Thomas Daniels:**

As we know that book is very important thing to add our knowledge for everything. By a reserve we can know everything we would like. A book is a list of written, printed, illustrated or blank sheet. Every year had been exactly added. This e-book Choosing Gratitude: Your Journey to Joy was filled in relation to science. Spend your time to add your knowledge about your scientific research competence. Some people has diverse feel when they reading a book. If you know how big benefit from a book, you can experience enjoy to read a publication. In the modern era like currently, many ways to get book that you just wanted.

**Evelyn Broderick:**

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