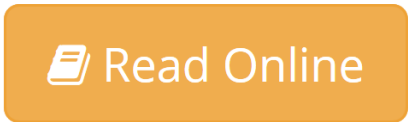



## "You Look Great!": Strategies for Living Inside a Brain Injury


By John C. Byler



**"You Look Great!": Strategies for Living Inside a Brain Injury** By John C. Byler

"You Look Great!" presents The TBI Recovery Model, an interdisciplinary approach to recovering from a brain injury. The model's two checklists – Medical and Rehabilitation – help doctors and case managers answer the question, "Why do I feel so terrible all the time?" The book describes the role of each major medical and rehabilitation professional that should be considered as a referral to the TBI Recovery Team. With its personal narratives and strategy-session highlights with world-class specialists, "You Look Great!" narrows the gap between patients and the professionals who work with them; between patients and the caregivers and loved ones who live with them. The book is stocked with professional viewpoints, personal narratives and case studies, showcasing the clinical and very personal aspects of the brain-injury recovery process.

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### Editorial Review

#### About the Author

Between 1983 and 2005, John Byler worked as an Instructional Designer and writer, creating “learning solutions” for companies, most of them Fortune 100. Since his car accident on 21 September 2005 in which he sustained a so-called mild TBI, he has spoken with – commiserated with, shared tactics with, become life-long friends with – many other TBI survivors. John lives in Harvard, MA with his wife Lynne and, when they come home to visit, their all grown-up and moved-out sons Chris, Andrew and Will. He will forever be grateful for their unconditional love, their lifelines of support and their often random but healing senses of humor. John serves on the Board of the Brain Injury Association of Massachusetts (BIA-MA), and on the Cross-Disability Advisory Council at Boston’s Disability Law Center. He enjoys things that he likes. Shout out to his mother Bonnie Scheid and to his friends. John received invaluable help from Laura Ricard, PhD. Although John tried several attempts at drafting an elaborate, fairly witty bio for Dr. Ricard, she maintains that she is simply a professional writer who lives in Amherst, MA. (She is much more than that, though. Trust me.)

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